



1740 Ridge Avenue, Suite 201
Evanston, IL 60201

Social Workers:

Up to 12 CEUs
available before your
renewal deadline.

Register for both Child Treatment Workshops
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Clinical Training for Mental Health Professionals



Focus On: Child Treatment

Silent Tears: The Language of Children's Grief

Thursday, October 22, 2009

Trauma and Children: Enhancing Capacities of Traumatized Children and Their Families

Thursday, November 19, 2009

Held at the Hotel Orrington
Evanston, Illinois

Presenters:

Kristy Arditti, AM, LCSW, CDVP, is an integrative, relational therapist who works with women, children, adolescents and families around the complex effects of trauma. Kristy specializes in the area of childhood sexual abuse, domestic violence, divorce, grief and loss. Kristy uses a variety of directive and non-directive therapy approaches with her child and adolescent clients, including sand tray, puppets, journaling, art and story telling.

Judith Ierulli, MSW, LCSW, informed by cognitive behavioral therapy and a trauma treatment framework, works with adults and adolescents. She has extensive experience in working with trauma survivors around such issues as anxiety, dissociation, self-injury and relationship difficulties. Judith uses a goal-oriented, collaborative style to support the healing and recovery process.

Beth E. Katz, MS, EdM, LCPC, CT, is a relational therapist, trained in family systems, who specializes in traumatic grief, loss and major life transitions. Beth has presented nationally on the topics of Childhood Grief and Complicated Mourning and provides consultation, supervision and training to school and agency professionals. Beth's warmth and collaborative style instills confidence and hope in her clients. She uses a strengths-based model that supports the emotional healing and healthy development of children, adolescents and adults.

Silent Tears: The Language of Children's Grief

Thursday, October 22, 2009
9:00 a.m. – 4:00 p.m.
Hotel Orrington, Evanston

6 CEUs available

Presented by Beth Katz

This workshop will explore the complex world of child and adolescent grief. Participants will learn to understand and speak the language of children's grief, and develop skills necessary to support healing. Through lecture, video, case presentations and thoughtful group discussions, participants will acquire a comprehensive developmental understanding of children's grief. We will offer insight into the critical roles that parents, schools and communities play in assisting a child or teen to successfully navigate grief's journey.

This workshop will address:

- What children need to grieve
- How to speak to children about grief
- The tasks of mourning in children
- The impact of grief on children's developmental stages
- Acting out, magical thinking and the spiritual world of children
- Adolescent mourning: a naturally complicated affair
- Common manifestations of grief in children and adolescents
- The role parents play in a child's grieving
- Therapeutic orientations

Program Fee

\$145 through October 9 / \$165 after October 9
\$120 per person for groups of 2 or more registering at the same time through October 9

Partial scholarships available



Trauma and Children: Enhancing Capacities of Traumatized Children and Their Families

Thursday, November 19, 2009
9:00 a.m. – 4:00 p.m.
Hotel Orrington, Evanston

6 CEUs available

Presented by Judith Ierulli and Kristy Arditti

Trauma in childhood can take many forms: sexual abuse, physical abuse, neglect and the witnessing of violence. The posttraumatic effects and responses are often confusing and overwhelming for the child and their family as well as for clinicians.

In this workshop we will look at the different stages of development, how the trauma affects children and some of the ways that children show us their trauma. We will also explore how to help parents, other family members, and teachers better understand the impact of the trauma and avoid re-traumatizing through lack of information.

We will outline an approach that supports development of self-regulation, self-soothing, and impulse control skills for children, while supporting families to provide a safe and validating environment that can restore a sense of trust.

Participants will have an opportunity to reflect on the impact of working with trauma and children on their sense of safety, trust and well-being.

This workshop will address:

- Developmental and cognitive effects of trauma in children
- Impact of trauma on the family system and ways to foster validating environments for the child and family
- The implications of attachment theory and attachment styles in work with children
- Concrete intervention and creative exercises that will help the clinician to better understand the child's feelings related to the trauma

Program Fee

\$145 through November 6 / \$165 after November 6
\$120 per person for groups of 2 or more registering at the same time through November 6

Partial scholarships available

Location and Parking

The Hotel Orrington is located at 1710 Orrington Avenue in Evanston, between Church and Clark Streets. For further directions, please visit the hotel website at www.hotelorrrington.com. Valet parking is available in the hotel lot for \$5.

The hotel is within 4 blocks of the Davis Street Metra Station and within 3 blocks of the Davis Street stop on the CTA Purple Line.

Accessibility

The workshop will be held in fully accessible rooms.

*Space is limited;
pre-registration is
highly recommended.*

There are five ways to register:

1. **Online** at www.womencarecounseling.com.
2. **Email** register@womencarecounseling.com and provide us with your contact and payment information.
3. **Call** 847-491-0530 and provide us with your contact and payment information.
4. **Mail** a completed registration form with a check or credit card information to:
Womencare Counseling Center,
1740 Ridge Avenue, Suite 201,
Evanston IL 60201,
Attn: Registration.
5. **Fax** a completed registration form with credit card information to 847-556-0644

Confirmation

We will send a receipt and registration information by US mail within 5 business days of receiving payment. There will be no other confirmation of your registration sent. If you do not receive a receipt within 15 business days of mailing your registration, email us at register@womencarecounseling.com or call 847-491-0530.

Payment

Womencare accepts personal checks and business checks, MasterCard, VISA, American Express, cash and purchase orders from government institutions. Please make checks payable to *Womencare Counseling Center*.

Cancellation Policy

If you are not able to attend, you may send a substitute. Registrants who are unable to attend the workshop may request a refund if Womencare Counseling Center receives the request in writing. All refunds are subject to an administrative charge of \$30.00. Cancellations will not be accepted by telephone. No refunds will be made less than one week prior to an event

Continuing Education Units

6 CEUs are available per workshop. Womencare Counseling Center is approved by the Illinois Department of Financial and Professional Regulation to provide Continuing Education Units to social workers (LSW/LCSW), professional counselors (LPC, LCPC) and Marriage and Family Therapists (LMFT).

Partial Scholarships

Partial scholarships are available. Scholarships are given on a first come, first-served basis. To request a partial scholarship, please contact Emily Rose at 847-491-0530.

Registration Form: Evening Workshop Series

NAME _____
HOME ADDRESS _____
CITY _____ STATE _____ ZIP _____
HOME PHONE _____
WORK PHONE _____
EMAIL ADDRESS _____
PROFESSION _____
AGENCY/ORGANIZATION _____

Workshop	Qty	Fee (\$145/\$165/\$120)
<input type="checkbox"/> Silent Tears	_____	\$_____ = _____
<input type="checkbox"/> Trauma and Children	_____	\$_____ = _____
15% discount when registering for both workshops by Oct.9		discount = -_____
Total		= _____

Payment Information

Fee includes CEUs, refreshments, and program materials.

- Enclosed is my check payable to:
Womencare Counseling Center
- Please charge my credit card:
 MasterCard Visa American Express

CARD NUMBER _____ SECURITY CODE _____
NAME AS IT APPEARS ON THE CARD _____ EXP DATE _____
SIGNATURE _____
PHONE NUMBER OF CARDHOLDER _____

Return completed registration form with payment to:

Womencare Counseling Center
1740 Ridge Avenue, Suite 201
Evanston, IL 60201

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(credit card and purchase orders only)