

# Full-Day Conference for Mental Health Professionals



## Not Your Ordinary Ethics Workshop: Ethics, Integrity and Mindfulness

Friday, October 28, 2011

Presented by Womencare Staff

Up to 6 CEUs available,  
including 3 Ethics CEUs

Held at the Hilton Garden Inn, Evanston

## Not Your Ordinary Ethics Workshop: Ethics, Integrity and Mindfulness

Presented by Womencare Staff

Up to 6 CEUs available

3 Ethics CEUs for morning session

Friday, October 28, 2011

9:00 a.m. – 12:00 p.m. Morning Session

1:00 p.m. – 4:00 p.m. Afternoon Breakout Session

Self-awareness, the mindful attending to ourselves and the ability to reflect on our experience, is a key capacity required for the therapist to succeed in this work. All our treasured techniques and theories are hollow without them. To foster these essential capacities in the therapist requires an ethic of care that encourages openness, curiosity and exploration, free from judgment or shame.

This one-day conference will include a morning plenary session exploring ethics and the intersection of personal and professional as well as afternoon breakout sessions.

The morning plenary, presented by Laurie Kahn & Monica Robinson, will address:

- The mindful attention to the inner world of the therapist
- Implications for understanding countertransference enactments, meaning-making and deepening empathic connections
- The ethics of self-care and self-disclosure

### Afternoon Breakout Sessions

The afternoon breakout sessions will include:

- The Challenges of Surviving: Clinical Practice in Agencies and Mental Health Organizations, presented by Monica Robinson
- The Grieving Therapist: Honoring Our Own Needs and Those of Our Clients, presented by Beth Katz
- Survivor Therapist: Claiming Wisdom and Vulnerability, presented by Judith Ierulli

*A limited number of partial scholarships are available*

### Program Fee

\$70 Morning Session Only

\$120 Full Day through November 19

\$140 Full Day after November 19 *Call for group rates*

## Afternoon Breakout Session Information

### The Challenges of Surviving: Clinical Practice in Agencies and Mental Health Organizations

Led by *Monica Robinson, MSW, LCSW*

In this time of budget cuts and increasing state limitations, agency workers often feel their clinical efforts are compromised and their professional self-concepts are undermined. In this workshop, we will share the impact of current agency environments on our clinical work and on our identities as therapists.

### The Grieving Therapist: Honoring Our Own Needs and Those of Our Clients

Led by *Beth Katz, MS, EdM, LCPC, CT*

Grieving therapists face many challenges. Participants will be offered strategies for the appropriate use of self-disclosure and learn effective tools to maintain healthy productive therapeutic relationships while grieving. Together, we will explore the impact our own grief has on clinical work

### The Survivor Therapist: Claiming Wisdom and Vulnerability

Led by *Judith Ierulli, MSW, LCSW*

In the safety of each other's company, we will explore together the special gifts and dilemmas faced by the survivor therapist. As a community we will examine issues of countertransference, boundaries, attunement and the importance of self-care.

Detailed biographies of session facilitators are at [www.womencarecounseling.com/staff.htm](http://www.womencarecounseling.com/staff.htm)

## Fees

Fee includes CEUs and program materials.

Full Day: \$120 *registration through* November 19,

\$140 *registration after* November 19.

Morning Session Only: \$70

Call for group rates.

## Partial Scholarships

Partial scholarships are available on a first come, first served basis. To request a partial scholarship, please call 847-491-0530.

## Payment

Womencare accepts personal checks and business checks, MasterCard, VISA, American Express, cash and purchase orders from government institutions. Please make checks payable to *Womencare Counseling Center*.

## Confirmation

We will send a receipt and registration information by USPS mail within 5 business days of receiving payment. No other confirmation of your registration will be sent. If you do not receive a receipt within 15 business days of mailing your registration, call 847-491-0530 or email us at [register@womencarecounseling.com](mailto:register@womencarecounseling.com).

## Cancellation Policy

If you are not able to attend, you may send a substitute. Registrants who are unable to attend the workshop may request a refund if Womencare Counseling Center receives the request in writing. All refunds are subject to an administrative charge of \$30.00. Cancellations will not be accepted by telephone. No refunds will be made less than one week prior to an event.

## Continuing Education Units

6 CEUs are available per workshop, including 3 Ethics CEUs. Womencare Counseling Center is approved by the Illinois Department of Financial and Professional Regulation to provide Continuing Education Units to social workers (LSW/LCSW), professional counselors (LPC/LCPC) and Marriage and Family Therapists (LMFT).

## Location, Parking and Transportation

The Hilton Garden Inn is located in downtown Evanston on Maple Avenue, between Clark Street & University Place. For further directions, please visit the hotel website at: [www.hiltongardeninn.com](http://www.hiltongardeninn.com)

If you are traveling by CTA, the hotel is less than two blocks North of the Davis Street Purple Line & Metra stations.

There is a public lot next to the hotel at Maple Avenue & Clark Street.

## Accessibility

The workshop will be held in fully accessible rooms.

Complete this form or register online at:  
[www.womencarecounseling.com](http://www.womencarecounseling.com)

## Not Your Ordinary Ethics Workshop Conference Registration

NAME

HOME ADDRESS

CITY

STATE

ZIP

HOME PHONE

WORK PHONE

EMAIL

PROFESSION

AGENCY/ORGANIZATION

Morning Session Only

or Select one afternoon breakout session:

Challenges of Surviving: Clinical Practice in Agencies and Mental Health Organizations

Grieving Therapist  Survivor Therapist

## Fees/Payment Information

Fee includes CEUs and program materials.

Morning Session Only: . . . . . \$70 per person

Full Day *through* November 19: . . . \$120 per person

Full Day *after* November 19: . . . . \$140 per person

Enclosed is my check for \$\_\_\_\_\_ payable to:  
*Womencare Counseling Center*

Please charge my credit card \$\_\_\_\_\_ :  
 MasterCard  Visa  American Express

CARD NUMBER

SECURITY CODE

NAME AS IT APPEARS ON THE CARD

EXP DATE

SIGNATURE

PHONE NUMBER OF CARDHOLDER

Return completed registration form with payment to:

Womencare Counseling Center

1740 Ridge Avenue, Suite 201, Evanston, IL 60201

Phone: 847-491-0530 • Fax: 847-556-0644

(credit card and purchase orders only by phone or fax)