

Womencare

counseling center

Programs, Events and Services
September 2011 – August 2012

- › Professional Workshops
- › Consultation Groups
- › Postgraduate Training
- › Community Workshops
- › Therapy Groups
- › Counseling Services

1740 Ridge Avenue, Suite 201 • Evanston, IL 60201
847-475-7003 • 800-240-8899

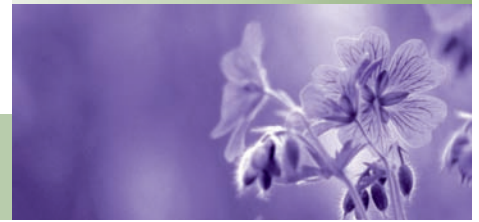
www.womencarecounseling.com

Committed to helping people develop healthy
relationships with themselves and others.

Womencare, founded by Laurie Kahn in 1978, is committed to encouraging and sustaining healthy relationships with self, others, family and community. We believe relationships that encourage mutuality, voice, and dignity are crucial to growth and healing. In service to this vision, Womencare provides individual, group, couple and family counseling, as well as sponsoring community and professional workshops.

SERVICES OFFERED

- › Individual Counseling
- › Couples and Relationship Counseling
- › Child and Family Counseling
- › Adolescent Counseling
- › Group Counseling
- › Community Workshops
- › Professional Training
- › Postgraduate Fellowships



FOR DETAILED DESCRIPTIONS OF ALL OUR PROGRAMS,
PLEASE VISIT OUR WEBSITE AT WWW.WOMENCARECOUNSELING.COM

2011–2012 PROGRAMS & EVENTS AT A GLANCE

PROFESSIONAL TRAINING & DEVELOPMENT

| September 2011 | October 2011 | November 2011 | December 2011 | January 2012 | February 2012 | March 2012 | April 2012 | May 2012 | June 2012 | July 2012 | August 2012 |
|----------------|--------------|---------------|---------------|--------------|---------------|------------|------------|----------|-----------|-----------|-------------|
|----------------|--------------|---------------|---------------|--------------|---------------|------------|------------|----------|-----------|-----------|-------------|

Professional Workshops & Training Programs

| | | | | | | | | | | | |
|--|--|--|--|--|--|--|-----------------------------------|--|---|--|--|
| Conference: Ethics, Integrity, and Mindfulness | | | | | | | Treating Trauma: Hidden Trauma | Treating Trauma: Sexual Trauma Trauma Informed | Summer Institute on the Relational Treatment of Trauma (Six Fridays: July 6 – August 10, 2012) | | |
| The Pregnant Therapist: Transference and Countertransference in the Therapeutic Relationship | | | | | | | | | | | |
| Trauma Consultation Training Program (September 2011 – June, 2012) | | | | | | | | | | | |

The Natalie Haimowitz Postgraduate Fellowship Program

| | | | | | | | | | | | |
|--|--|--|--|-------------------|--|--|------------------|--|-----------------------|--|--|
| | | | | Information Night | | | Applications Due | | 2-Year Program Begins | | |
|--|--|--|--|-------------------|--|--|------------------|--|-----------------------|--|--|

CLIENT & COMMUNITY SERVICES

| September 2011 | October 2011 | November 2011 | December 2011 | January 2012 | February 2012 | March 2012 | April 2012 | May 2012 | June 2012 | July 2012 | August 2012 |
|----------------|--------------|---------------|---------------|--------------|---------------|------------|------------|----------|-----------|-----------|-------------|
|----------------|--------------|---------------|---------------|--------------|---------------|------------|------------|----------|-----------|-----------|-------------|

Healing Trauma: Skill-Building Workshops

| | | | | | | | | | | | |
|--|--|---|--|--|--|--|--|--|--|--|--|
| Sexuality Interrupted: Sexual Healing for Abuse Survivors | Tools for Moving from Surviving to Thriving: for Male Survivors | Healing Your Soul-Self: Trauma and Spirituality | Sexuality Interrupted for Couples | | | | | | | | |
| | | | Tools for Moving from Surviving to Thriving: for Female Survivors | | | | | | | | |

Therapy Groups

| | | | |
|-----------------------------------|---|--|--|
| <i>Ongoing Groups</i> | Women Survivors of Trauma & Childhood Abuse | Women Survivors of Sexual Abuse | Women Survivors of Sexual Abuse: A Skillbuilding Group |
| <i>Repeating 10-week Sessions</i> | Male Survivors of Sexual Abuse | The Healing Spiritual Journey for Trauma Survivors | A.R.T.: Adolescent Girls Reclaiming Themselves |

WOMENCARE PROFESSIONAL TRAINING & DEVELOPMENT

Conference

Not Your Ordinary Ethics Workshop: Ethics, Integrity, and Mindfulness

Presented by Laurie Kahn, Judith Ierulli, Beth Katz,
& Monica Robinson

Friday, October 28, 2011

6 CEUs available, including 3 hours of ethics credit

9:00 a.m. – 4:00 p.m.

Hilton Garden Inn, Evanston

PROGRAM FEE

\$70 Morning Session

\$120 all day through November 19

\$140 all day after November 19

Call for group rates

We are the instruments of our work. Authenticity and mindfulness to both our own internal workings and those of our clients are essential to the art and practice of psychotherapy. This one-day conference will include a morning plenary session exploring ethics and the intersection of personal and professional as well as afternoon breakout sessions that will include:

- The Challenges of Surviving:
Clinical Practice in Agencies and
Mental Health Organizations
Presented by Monica Robinson
- The Grieving Therapist:
Honoring Our Own Needs and Those
of Our Clients
Presented by Beth Katz
- The Survivor Therapist:
Claiming Wisdom and Vulnerability
Presented by Judith Ierulli

Treating Trauma Series

18 CEUs available (6 per session)

3 Workshops

9:00 a.m. – 4:00 p.m.

Hilton Garden Inn, Evanston

PROGRAM FEE

\$145 (early rate) per Workshop

\$240 for 2 Workshops

\$300 for all 3 Workshops

Call for group rates

Hidden Trauma: Working with Male Survivors of Sexual Abuse

Presented by Judith Ierulli

Thursday, April 12, 2012

6 CEUs available

PROGRAM FEE

\$145 through March 30

\$165 after March 30

Call for group rates

Sexual Trauma, Sexual Healing: Engaging the Sexual Dilemmas of Abuse Survivors

Presented by Amy Steinhauer

Friday, May 4, 2012

6 CEUs available

PROGRAM FEE

\$145 through April 20

\$165 after April 20

Call for group rates

Trauma Informed: A Guide to the Treatment of Complex Traumatic Stress Disorders

Presented by Laurie Kahn and Janet Migdow

Friday, May 25, 2012

6 CEUs available

PROGRAM FEE

\$145 through May 11

\$165 after May 11

Call for group rates



Workshop

The Pregnant Therapist: Transference and Countertransference in the Therapeutic Relationship

Presented by Amy Derringer Chandler

3 CEUs available

Held at varied dates and times throughout the year,
based on interest

Call 847-475-7003, ext 30 or email
achandler@womencarecounseling.com for
information

Womencare Counseling Center, Evanston

PROGRAM FEE

\$65 per person; space is limited to facilitate discussion

FOR DETAILED DESCRIPTIONS OF ALL OUR PROGRAMS,
PLEASE VISIT OUR WEBSITE AT WWW.WOMENCARECOUNSELING.COM

Summer Institute on the Relational Treatment of Trauma

Presented by Womencare Staff

Six Fridays: July 6, 2012 – August 10, 2012

12 CEUs available

8:00 a.m. – 10:00 a.m.

Womencare Counseling Center, Evanston

PROGRAM FEE

\$195 for the series

Register early; space is limited to facilitate discussion

The Natalie Haimowitz Postgraduate Fellowship Program

Please see our website for details on this unique, experientially focused two-year program.

Information Night:

Friday, January 27, 2012, 5:30 – 7:00 p.m.

at Womencare Counseling Center.

Applications, available on our website, are due in our office April 1, 2012.

Trauma Consultation Training Program

Co-directors: Laurie Kahn and Janet Migdow

September 2011 – June 2012

These monthly clinical consultation groups focus on the therapeutic complexities of working with trauma survivors while also paying special attention to the impact on the clinicians. Please see our website for details and an application.

24 CEUs available per year

Womencare Counseling Center, Evanston

PROGRAM FEE

\$950 Tuition

Monthly payment arrangements are available as well as a limited number of partial scholarships

Training, Consultation, Supervision

For more than 30 years, Womencare Counseling Center has been a leader in the field of PTSD, traumatic stress, grief and loss, relationships and sexuality, and child and adolescent concerns. We provide workshops, training, and consultation programs to resource and empower professionals, agencies, and schools. Please see our website under Professional Training & Resources / Programs at Your Location.

Womencare's experienced, licensed clinicians also provide individual or small-group consultation and licensure supervision to mental health professionals in many areas.

Care for the Therapist

In addition to providing opportunities for training, mentoring, and consultation, Womencare is committed to the care and nurturing of the therapist. It is a privilege to do this work, and with this privilege comes an unlimited opportunity for us as therapists to grow and be challenged. Self-awareness is essential to the craft of the therapist, and fosters our compassion and integrity.

To provide ongoing opportunities for support and personal growth, we offer for therapists:

- Therapy for therapists
- Individual and group consultation
- Counseling and consultation for survivor therapists
- Counseling for symptoms of compassion fatigue and burn-out
- Workshops focused on the intersection of the personal and the professional

We are sensitive to the complexities of working in this field and tending to oneself, and we honor confidentiality and privacy at the highest level.

OUR STAFF

Our staff are experienced clinicians with expertise including traumatic stress, grief and loss, relationships and sexuality, feminist therapy, and child and adolescent concerns.

Laurie Kahn, MA, LCPC,
founder and director

Kristy Arditti, AM, LCSW,
staff therapist

Vanessa Cañedo, MSW, LSW,
intake counselor

Maco Cassetta, MEd, MAPC, LCPC,
staff therapist

Alissa Catiis, AM, LCSW,
postgraduate therapist

Amy Derringer Chandler, MSW, LCSW,
associate therapist

Julie Dinelli, administrative assistant

Merari Fernández, MSW, LCSW,
staff therapist

Anna Horvath, MFA, MAPC:AT,
LCPC, postgraduate therapist

Nicole Howell, MSW, LCSW,
staff therapist

Beth E. Katz, MS, EdM, LCPC, CT,
senior associate therapist

Judith Ierulli, MSW, LCSW,
senior associate therapist

Ellen M. Lonnquist, MS, LMFT,
associate therapist

Tovah Means, MS, AMFT,
postgraduate therapist

Jaimee Novak, MS, LPC,
postgraduate therapist

Monica Robinson, MSW, LCSW,
staff therapist

Emily Rose, coordinator of educational
& training programs

Amy Steinhauer, AM, LCSW, ACSW,
CST, associate director, senior associate
therapist

Rachel Wright, MSW, LCSW,
postgraduate therapist

WOMENCARE CLIENT & COMMUNITY SERVICES

Healing Trauma: Skill-Building Workshops

10:00 a.m. – 4:00 p.m.

Womencare Counseling Center, Evanston

PROGRAM FEE:

\$95* pre-registration required

A limited number of partial scholarships are available

Register early: space is limited to facilitate discussion

* Sexuality Interrupted for Couples; see listing for fee

Sexuality Interrupted: Sexual Healing for Abuse Survivors

Presented by Amy Steinhauer

Sunday, October 2, 2011

Tools for Moving from Surviving to Thriving: for Male Survivors

Presented by Judith Ierulli

Sunday, November 6, 2011

Healing Your Soul-Self: Trauma and Spirituality

Presented by Maco Cassetta

Saturday, December 3, 2011

Sexuality Interrupted for Couples: Sexual Healing for Abuse Survivors & Partners

Presented by Amy Steinhauer

Sunday, January 8, 2012

PROGRAM FEE

\$125 per couple

Tools for Moving from Surviving to Thriving: for Female Survivors

Presented by Judith Ierulli

Sunday, January 29, 2012

Therapy Groups

To join one of our therapy groups, please contact the group leader at 847-475-7003 (extensions listed below). An initial interview is required before joining a group. Fees are established on a sliding scale based on annual household income.

Women's Trauma Survivor Therapy Groups

3 ongoing groups:

Women Survivors of Trauma and Childhood Abuse

A process group intended for those in intermediate and advanced stages of healing.

Wednesdays, 7:00 p.m. – 9:00 p.m.

Led by Laurie Kahn, ext. 22

Women Survivors of Sexual Abuse

A process group intended for those in intermediate and advanced stages of healing.

Wednesdays, 7:00 p.m. – 9:00 p.m.

Led by Amy Steinhauer, ext. 24

Women Survivors of Sexual Abuse: A Skill-Building Group

A structured group intended for those in beginning and intermediate stages of healing.

Saturdays, 10:00 a.m. – 12:00 p.m.

Led by Judith Ierulli, ext. 27

Male Survivors of Sexual Abuse

A structured group intended for male survivors at all stages of the healing journey.

Repeating 10-week sessions:

Thursdays, 7:00 p.m. – 9:00 p.m.

Led by Judith Ierulli, ext. 27

The Healing Spiritual Journey for Trauma Survivors

Participants are encouraged to attend the day-long workshop to participate in this group.

Repeating 10-week sessions:

Wednesday evenings

Led by Maco Cassetta, ext. 33

A.R.T.: Adolescent Girls Reclaiming Themselves

Repeating 10-week sessions:

Wednesdays, 6:30 p.m. – 8:00 p.m.

Led by Nicole Howell, ext. 34



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PLEASE VISIT OUR WEBSITE AT WWW.WOMENCARECOUNSELING.COM

REGISTRATION



There are five ways to register

Online at
www.womencarecounseling.com.

Call us at
847-475-7003 ext. 21.

E-mail us at
register@womencarecounseling.com.

Mail a completed registration form with a check or credit card information to:

Womencare Counseling Center
Attn: Registration
1740 Ridge Avenue, Suite 201
Evanston, IL 60201

Fax a completed registration form with credit card information to: 847-556-0644.

We will send a receipt by USPS mail for workshop registrations within 5 days of receiving payment. Confirmation e-mails will be sent only for registrations received at least two weeks prior to the event.

Continuing Education Units

Womencare Counseling Center is approved by the Illinois Department of Financial and Professional Regulation to provide CEUs to Social Workers (LSW/LCSW), Professional Counselors (LPC/LCPC) and Marriage and Family Therapists (LMFT).

Cancellation Policy

All cancellations and requests for refunds must be received in writing at least one week prior to each event and are subject to an administrative charge of \$30. No refunds will be made less than one week prior to an event.

On The Web

- › Register online
- › Find detailed program information
- › Learn more about our staff
- › Sign up for our email list to stay informed and receive program updates

Space is limited in most of our workshops, and pre-registration is highly recommended. For downloadable workshop brochures and online registration visit www.womencarecounseling.com.

NAME _____

HOME ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOME PHONE _____ WORK PHONE _____

EMAIL _____

PROFESSION _____

AGENCY/ORGANIZATION _____

Please register me for the following:

| | |
|----------------|-----|
| PROGRAM #1 | \$ |
| | FEE |
| PROGRAM #2 | \$ |
| | FEE |
| PROGRAM #3 | \$ |
| | FEE |
| TOTAL ENCLOSED | \$ |
| | FEE |

Payment Information

Program fee includes light refreshments, program materials and CEUs where applicable. Group rates apply to individuals from the same organization who register at the same time. Refunds are permitted until two weeks before the workshop and are subject to a \$30 administrative charge.

- Enclosed is my check payable to: *Womencare Counseling Center*
- Please charge my credit card:
- MasterCard Visa American Express

CARD NUMBER _____

EXPIRATION DATE _____ SECURITY CODE/CID _____

NAME AS IT APPEARS ON THE CARD _____

SIGNATURE _____

BILLING ADDRESS AND ZIP OF CARDHOLDER _____

PHONE NUMBER OF CARDHOLDER _____

Return completed registration form with payment to:

Womencare Counseling Center
1740 Ridge Avenue
Suite 201
Evanston, IL 60201

Attn: Registration

Fax: 847-556-0644 (credit card and purchase orders only)