

# Clinical Training for Mental Health Professionals

## Womencare counseling center

### **Treating Trauma Series:**

**Hidden Trauma:  
Working with Male Survivors  
of Sexual Abuse**

Presented by Judith Ierulli

Thursday, April 12, 2012

**Sexual Trauma, Sexual Healing:  
Engaging the Sexual Dilemmas  
of Abuse Survivors**

Presented by Amy Steinhauer

Friday, May 4, 2012

**Trauma Informed:  
A Guide to the Treatment of Complex  
Traumatic Stress Disorders**

Presented by Laurie Kahn & Janet Migdow

Friday, May 25, 2012

**Held at the Hilton Garden Inn, Evanston**

## Treating Trauma Series:

18 CEUs available (6 per workshop)

Call for group rates

\$145 per workshop (early registration)

\$240 for two

\$300 for three

### Hidden Trauma: Working with Male Survivors of Sexual Abuse

Thursday, April 22, 2012

9:00 a.m. – 4:00 p.m.

Hilton Garden Inn, Evanston

6 CEUs available

*Presented by Judith Ierulli*

With increasing awareness of sexual victimization of males, we as therapists are faced with the challenge of breaking down the silence and fear that often surround the ways boys and men show us their trauma. Statistics show that males are much less likely to report sexual abuse than females and are often given little to no room in society to be seen as victims of abuse. This workshop will help therapists make meaning of how men and boys show us their trauma and will outline ways to facilitate their healing.

This workshop will address:

- The impact of gender on abuse narrative
- The core affect of shame and its effect on sense of self and masculine identity
- Understanding and reframing acting out behaviors as dysfunctional coping skills
- Ways to get in relationship with abused adolescents

*A limited number of partial scholarships are available*

### Program Fee

\$145 through March 30, \$165 after March 30

Call for group rates

### Sexual Trauma, Sexual Healing: Engaging the Sexual Dilemmas of Abuse Survivors

Friday, May 4, 2012

9:00 a.m. – 4:00 p.m.

Hilton Garden Inn, Evanston

6 CEUs available

*Presented by Amy Steinhauer*

Nowhere do the bodily and psychic assaults of physical and sexual abuse converge more than in the realm of sexuality, making sex profoundly complicated for survivors. Issues of intimacy, trust, authenticity, flexibility, power and control often intensely emerge or re-emerge. Trauma work is filled with pitfalls and with opportunities, and all the more so in addressing the accompanying sexual issues.

This workshop holds sexual healing as a crucial step in trauma work that often deepens other aspects of therapy. We will address the impact of sexual abuse on a person's capacity for intimacy and healthy sexual relationships. Using lecture, case examples, and dialogue, we will outline tools for assessment and intervention and explore issues of transference and countertransference.

This workshop will address:

- Timing and pacing of the sexual work
- Focused, multi-level assessment of the problems
- Identifying intervention targets and strategies
- Helping clients manage flashbacks and dissociation
- Transference and countertransference

*A limited number of partial scholarships are available*

### Program Fee

\$145 through April 20, \$165 after April 20

Call for group rates

# Trauma Informed: A Guide to the Treatment of Complex Traumatic Stress Disorders

Friday, May 25, 2012

6 CEUs available

9:00 a.m. – 4:00 p.m.

Hilton Garden Inn, Evanston

*Presented by Laurie Kahn & Janet Migdow*

Complex Posttraumatic Stress is often the consequence of prolonged and repeated interpersonal trauma which has occurred during the developmentally vulnerable time of childhood. Most often these events involve abuse and/or neglect by primary caretakers.

We will describe the tri-phasic model of treatment and the special considerations for dissociative disorders, including challenges to sustaining the therapeutic alliance, creating safety, establishing affect regulation, stabilization, and the integration of traumatic experience.

This workshop is designed for mental health professionals who want to learn how to better provide treatment for some of our most injured populations. It is appropriate both for therapists new to the field and those more experienced frontline professionals who want to deepen their work by understanding the impact and treatment of Complex Posttraumatic Stress Disorders.

This workshop will address:

- The special challenges for clinicians in sustaining a therapeutic relationship with those who have survived ongoing childhood abuse or neglect
- The phases of treatment and the corresponding tasks in each phase
- Both the psycho-physiological impact of abuse and neglect and the relational implications
- Helping traumatized clients learn to restore feelings as signals that promote effective problem solving
- Engaging clients in a self-reflective process about previously disowned aspects of traumatic experience
- The function and creation of dissociative defenses

*A limited number of partial scholarships are available*

## Program Fee

\$145 through May 11, \$165 after May 11

Call for group rates

## Payment

Womencare accepts personal checks and business checks, MasterCard, VISA, American Express, cash and purchase orders from government institutions.

Please make checks payable to *Womencare Counseling Center*.

## Confirmation

We will send a receipt and registration information by USPS mail within 5 business days of receiving payment. No other confirmation of your registration will be sent.

If you do not receive a receipt within 15 business days of mailing your registration, call 847-491-0530 or email us at [register@womencarecounseling.com](mailto:register@womencarecounseling.com).

## Cancellation Policy

If you are not able to attend, you may send a substitute. Registrants who are unable to attend the workshop may request a refund if Womencare Counseling Center receives the request in writing. All refunds are subject to an administrative charge of \$30.00. Cancellations will not be accepted by telephone. No refunds will be made less than one week prior to an event.

## Continuing Education Units

6 CEUs are available per workshop. Womencare Counseling Center is approved by the Illinois Department of Financial and Professional Regulation to provide Continuing Education Units to social workers (LSW/LCSW), professional counselors (LPC/LCPC) and Marriage and Family Therapists (LMFT).

## Location, Parking and Transportation

The Hilton Garden Inn is located in downtown Evanston on Maple Avenue, between Clark Street & University Place. For further directions, please visit the hotel website at: [www.hiltongardeninn.com](http://www.hiltongardeninn.com)

If you are traveling by CTA, the hotel is less than two blocks North of the Davis Street Purple Line & Metra stations.

There is a public lot next to the hotel at Maple Avenue & Clark Street.

***Space is limited; pre-registration is highly recommended.***

**There are five ways to register:**

1. **Online** at [www.womencarecounseling.com](http://www.womencarecounseling.com).
2. **Call** 847-491-0530 and provide us with your contact and payment information.
3. **Email** [register@womencarecounseling.com](mailto:register@womencarecounseling.com) and provide us with your name, mailing address, phone number and payment information.
4. **Mail** a completed registration form with a check or credit card information to:  
Womencare Counseling Center,  
1740 Ridge Avenue, Suite 201,  
Evanston IL 60201,  
Attn: Registration.
5. **Fax** to 847-556-0644, and provide a completed registration form with your credit card information

## Program Fees

\$145 per workshop (early registration)  
\$240 for two  
\$300 for three

## Partial Scholarships

Partial scholarships are available on a first come, first served basis. To request a partial scholarship, please call 847-491-0530.

## Accessibility

The workshop will be held in fully accessible rooms.

## Treating Trauma Series Workshop Registration

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NAME

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HOME ADDRESS

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CITY

STATE

ZIP

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HOME PHONE

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WORK PHONE

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EMAIL

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PROFESSION

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AGENCY/ORGANIZATION

### Workshop

- Hidden Trauma: Working with Male Survivors of Sexual Abuse \$ \_\_\_\_\_
- Sexual Trauma, Sexual Healing: Engaging the Sexual Dilemmas of Abuse Survivors \$ \_\_\_\_\_
- Trauma Informed: A Guide to the Treatment of Complex Traumatic Stress Disorders \$ \_\_\_\_\_
- Total = \_\_\_\_\_

### Fees/Payment Information

*Fee includes CEUs and program materials.*

\$145 per workshop (early registration)

\$240 for two, \$300 for three

- Enclosed is my check for \$ \_\_\_\_\_ payable to:  
*Womencare Counseling Center*
- Please charge my credit card \$ \_\_\_\_\_ :  
 MasterCard     Visa     American Express

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CARD NUMBER

SECURITY CODE

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NAME AS IT APPEARS ON THE CARD

EXP DATE

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SIGNATURE

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PHONE NUMBER OF CARDHOLDER

### Return completed registration form with payment to:

Womencare Counseling Center

1740 Ridge Avenue, Suite 201, Evanston, IL 60201

Phone: 847-491-0530 • Fax: 847-556-0644

*(credit card and purchase orders only by phone or fax)*