

Trauma Consultation Training Program

Womencare
counseling center
1740 Ridge Avenue
Suite 201
Evanston, IL 60201
www.womencarecounseling.com



Those of us who work with trauma survivors face unique challenges. If we are to sustain ourselves in this work, it is imperative that we participate in a community that adequately supports us.

These consultation groups focus on the therapeutic complexities of working with trauma survivors by paying special attention to the impact on the clinicians.

- **Didactic Presentations**
- **Group Process**
- **Experiential Learning**
- **Case Consultation**
- **Peer Support**

Who Should Attend

Clinicians who work with:

- Neglected and abused children
- Victims of domestic violence
- Victims of sexual assault
- Acute and chronic trauma survivors
- Clients with PTSD

This program is open to professionals in health-related fields, and is not suitable for the general public.

Continuing Education Credits

Up to 24 CEUs are available per year. Womencare Counseling Center is approved to offer continuing education credits for Social Workers, Professionals Counselors and Marriage and Family Therapists by the Illinois Department of Financial and Professional Regulation.

Location and Parking

Womencare Counseling Center is located at 1740 Ridge Avenue, Evanston, Illinois. Free parking is available on the southwest side of our parking lot.

Registration Information

Complete the application found at www.womencarecounseling.com and submit it with a \$25 application fee to: Womencare Counseling Center, 1740 Ridge Avenue, Suite 201, Evanston, IL 60201, attn: TCG.

After we receive your application, we will contact you to set up an interview.

A non-refundable initial deposit of \$95.00 is due before September 1. This deposit confirms your registration in the group after acceptance of your application.

Group Format

All groups will follow a specific format. The first segment of the group we will debrief and discuss the impact working with trauma has on you, focusing upon resolving issues of vicarious traumatization. The agenda of the last segment includes case consultation and focused discussion.

Laurie Kahn, MA, LCPC, is the founder and director of Womencare Counseling Center, established in 1978. She is an internationally recognized speaker on trauma, posttraumatic stress disorder and issues of importance to women. She has presented at the First African Conference on Traumatic Stress in South Africa and at annual conferences of the International Society of Traumatic Stress Studies. She has been honored by the Family Institute as Alumna of the Year for her dedication to the field of family therapy. For the last ten years, as co-creator of the Trauma Consultation Postgraduate Training Program, she has trained numerous practitioners throughout the Chicago area in the treatment of trauma and posttraumatic stress disorders. Laurie's essays and articles address a wide variety of subjects; her writing illuminates important aspects of love, feminism, betrayal trauma and healing.

Janet Migdow, MA, LCPC is the founder of Options counseling in Chicago, IL. She has been in private practice for thirty years specializing in the treatment of trauma survivors and those with Dissociative Disorders. She has been awarded the status of fellow by the ISSTD. She provides supervision, consultation and training; annually, teaching 2 courses in the treatment of Dissociative Disorders. Janet presents at conferences internationally and has published several articles in the field of trauma. She currently sits on the Board of Directors of CTAI and is president of the Illinois Chapter of the International Society for the Study of Dissociation.

Year One

Foundations

The first-year program begins with a day-long workshop, "Foundations in the Treatment of Trauma," followed by monthly, two-hour consultation groups. The curriculum will provide the foundation for the treatment of trauma, integrating case consultation, didactic presentations and reflection on vicarious trauma.

Schedule

Sep	Foundations in the Treatment of Trauma: We will discuss the foundational principles of working successfully with trauma survivors. We will teach the concept of vicarious trauma and reflect together upon the impact this work on ourselves as clinician-witnesses.
Oct	Vicarious Trauma and Case Consultation
Nov	Resiliency and Assessment
Dec	Vicarious Trauma and Case Consultation
Jan	Empathic Alliance and Therapeutic Contracts
Feb	Vicarious Trauma and Case Consultation
Mar	Pacing and Affect Regulation
Apr	Vicarious Trauma and Case Consultation
May	Attachment Dilemmas in Relationships
Jun	Vicarious Trauma, Case Presentations and Closure

24 CEU's available
\$950.00 tuition
Some partial scholarships available

Year Two

Advanced Treatment Issues

The second-year program begins with a day-long workshop, "Advanced Issues in the Treatment of Trauma," followed by monthly, two-hour consultation groups. While continuing to integrate case consultation and reflection on vicarious trauma, the curriculum will focus on the complexities of the therapeutic relationship, with special attention to traumatic transference, counter-transference and empathic strain.

Schedule

Sep	Advanced Issues in the Treatment of Trauma. Participants will deepen their understandings of the meanings of client traumas and betrayals as presented in the therapeutic relationship. Through case examples, presentations, discussions and role-plays we will explore reenactments, transference dilemmas and the complexities of traumatic countertransference.
Oct	Vicarious Trauma and Case Consultations
Nov	The Problems of Self-Injury
Dec	Vicarious Trauma and Case Consultations
Jan	Traumatic Memory and Dissociation
Feb	Vicarious Trauma and Case Consultations
Mar	Victim-Perpetrator Dynamics
Apr	Vicarious Trauma and Case Consultations
May	Termination Issues in Trauma Treatment
Jun	Vicarious Trauma, Case Consultations and Closure

24 CEU's available
\$950.00 tuition
Some partial scholarships available

Advanced

Ongoing Consultation Group

This group is for advanced trauma clinicians who want to deepen their skills within an ongoing consultation group. We will provide a safe environment to discuss both the challenging nature of this work and the continuing impact it has on us.

September – June
2 hours, one Friday per month

20 CEU's
\$850.00 tuition

Prerequisite: Completion of year one and year two of the Trauma Consultation Training Program.

Information

For information and an application contact 847-491-0530

You can also download an application at www.womencarecounseling.com

Womencare Counseling Center
847-475-7003

Options Counseling
773-463-1901